

CHOW

CULINARY HOSPITALITY OUTREACH WELLNESS

CHOW in 2021

CHOW's mission is to support wellness within the hospitality industry and to improve the lives of our community through shared stories, skills, and resources.

252 hours of FREE Mental Health & Substance Use Trainings

42 Participants + (2 culinary schools)



CHOW Discussion Groups

72 Hours of CHOW Discussion Meetings
36 Guest Speakers

Partnered with LARA Recovery

To offer meetings in Spanish and support the Spanish speaking recovery community



Celebrated many community Sober-versaries

3 FREE NARCAN Trainings



6

SIX new meetings

3 in Person
4 Virtual
(English & Spanish)

Peer Support Professionals Added to every Meeting

All meetings are attended by a Peer Support Specialist that can offer extra support and resources as needed

Attended TWO Recovery Rallies

2

THREE new Council Members

James Beard Foundation
CHOW was added to the James Beard Foundation list

CHOW Awards 2021 (John Hinman / Founder)

CRA Philanthropist of the Year
Denver7 Local Hero



CHOW 2021 Partnerships

Mental Health America, McClean Hospital, Peer 180, Crisilida, Reco/Embark, Springs Recovery Connection, Colorado Artists in Recovery, The Phoenix, Sober Steamboat, Advocates for Recovery Colorado, Behavioral Health Group, Green Dot/Alteristic, Unite CO, SAMHSA, Colorado Consortium for Prescription Drug Abuse Prevention, CU Anschutz, Southern Colorado Health Network, Love Alive, Colorado Restaurant Association, Restaurant Workers Community Foundation, Healthy Pour, Restaurant After Hours, Love Letters to Chefs, Angel's Anchors, Project Mise En Place, Not 9 to 5, Chefs for Change, James Beard Foundation, Support Staff, Focus on Health (FOH), Best Served, Cooks Who Care, Fair Kitchens, Ben's Friends, ACF, Culinary Agents, Brava Magazine, RALI/iQu, Young People in Recovery, Consortium, UC Anschutz, Duke Rumely SAFE/Sober AF, advocates for recovery, Face it Together, Colorado Mental Wellness Center, In the Weeds, servicios de la raza, Khesed Wellness, Kaiser Permanente, The Colorado Health Foundation, High Road Restaurant, CRA, ACF, Restaurant Workers Community Foundation, Slow Food, CRF, Nocture, Snooze, Frasca, Escoffier, ICE, Lever Lab, michael mattrazzo, Community First Foundation, Spot On, GBC, Jewish Family Services